

3 AREA MEETINGS

AREA SERVICE meets the 4th Wednesday of each month at:

7:15 to 8:15 PM
Rockville Metro Club
12319 Washington Ave
Rockville, MD 20852

H & I COMMITTEE meets the 4th Wednesday of each month at:

7:15 to 8:15 PM
Rockville Metro Club
12319 Washington Ave
Rockville, MD 20852

SPECIAL EVENTS COMMITTEE meets the 4th Wednesday of each month at:

7:15 to 8:15 PM
Rockville Metro Club
12319 Washington Ave
Rockville, MD 20852

PHONE NUMBERS:

HELP LINE NUMBER: (301) 368-9202
HELP LINE ALT: (202) 368-0476

Visit us on the web at:

www.tradition5.org/wmdvaca

WHAT IS COCAINE ANONYMOUS?

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution. We do not wish to engage in any controversy, and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.

THE TWELVE STEPS

1. We admitted we were powerless over cocaine and all other mind-altering substances – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

COCAINE ANONYMOUS

We're Here & We're Free



MEETING DIRECTORY
DC/MD/Northern Virginia

2021

SUNDAY

4:30 – 5:30 PM
New Way of CA
Rockville Metro Club
1st Week – Speaker
2nd Week – Book
12319 Washington Ave
Rockville, MD 20852

3 PM – 4 PM
Foundations Group
644 Frederick St.
Hagerstown, MD 21740

MONDAY

6:00 – 7:00 PM
New Way of CA III
Rockville Metro Club
1st Week – Speaker
2nd Week – Book
12319 Washington Ave
Rockville, MD 20852

EC'S wgvRgceg'O gfkcwqpu'I tqwr
1st Monday of the Month
8 pm - 9pm
Millian Memorial United
Methodist Church
13016 Parkland Dr,
Rockville, MD 20853

TUESDAY

7:30 – 9:00 PM
No Pain, No Gain
Open Meeting/Non-Smoking Rehab Center
4213 Walney Road
Chantilly, VA 20151

1st and 3rd Tuesday
7:30pm – 8:30pm
My Last Detox - (Reopening soon)
Open Discussion
Alexandria Detox Center
2355-A Mill Road, Alexandria, VA 22314

WEDNESDAY

6:00 – 7:00 PM
New Way of CA II
Rockville Metro Club
1st Week – Speaker
2nd Week – Book
12319 Washington Ave
Rockville, MD 20852

7:30 – 8:30 PM Foundations Group
644 Frederick St. Hagerstown, MD 21740

THURSDAY

7:00 – 8:00 PM
Positive Attitudes
Open Meeting/Non-Smoking Calvary
Lutheran Church 9545 Georgia Ave
Silver Spring, MD 20910

7:00-8:00 PM (2nd Thurs of ea Mo.)
New Way of CA of Ocean City Maryland
11827 Ocean Gateway
Ocean City, Maryland 21842
Info: 410-213-1007

FRIDAY

6:00 – 7:00 PM
New Way of CA
Rockville Metro Club
1st Week – Speaker
2nd Week – Book
12319 Washington Ave
Rockville, MD 20852

SATURDAY

10:00 – 11:00 AM
How Do You Like Us Now
1st, 2nd, 3rd Weeks - Step Meeting
4th Week - Hope, Faith, and
Courage Meeting
5th Week - Tradition Meeting
Rehoboth Church
621 Alabama Ave SE
Washington, DC 20003

PHONE NUMBERS:
